



Althea Rose Kardos

June 13, 1946 - March 23, 2026

Althea Rose Kardos
Spring Valley, CA

Althea Rose Kardos, beloved wife, mother, mother-in-law, grandmother, passed away peacefully on March 23, 2026 at the age of 79.

Althea, 79, of Spring Valley Ca., passed away on March 23, 2026 at her home, with her family, after a brief illness.

Althea was born on June 13, 1946 in Bridgeport, Connecticut to Arent Bruce and Rosemary H. Schow. She graduated from Stratford High School in 1964 and went on to study at the Latin American Institute, New York and National University, San Diego. She worked at the State Department in Washington DC as a Diplomatic Bilingual secretary, the Naval Shipyard in Bremerton, WA as a recruiter, San Diego Gas and Electric, San Diego Chargers organization, the San Diego Community College District in the Assistant Chancellor's office, and she taught typing at San Diego City College. Althea was also a real estate entrepreneur and inspired her son Jason to follow the same path.

Althea is survived by her husband, Robert Ronald Kardos, with whom she shared 58 wonderful years of marriage; their sons, Jason (wife Raquele) and Clinton (wife Zahra), and their grandchildren, Noura, Lauryn, Scarlett, Tariq,

and Sally, and her older brother Arthur (wife Barbara). She was preceded in death by her parents, Rose and Bruce Schow, and her brother Robert "Bobby" Schow.

Althea will be remembered for her love of life, adventurous spirit, love of community and spending time with her grand-kids. She was a passionate traveler, a dedicated member of Foothills United Methodist Church in La Mesa, volunteered as an usher for many San Diego playhouses, an avid reader, as well as Bunco and Scrabble player. Her husband, Robert, fondly remembers Althea asking "Rob, do you want chicken or steak for dinner?" He would say "steak" and Althea would say "Ok, we'll have chicken." This was classic Althea.

A celebration of Althea's life will be held at 11 o'clock in the morning on Saturday, May 2, 2026 at Foothills United Methodist Church, which is located at 4031 Avocado Blvd, La Mesa, CA 91941. The family requests that attendants wear yellow, Althea's favorite color.

She will be deeply missed by all who knew her.

Previous Events

Celebration of Life

MAY 2. 11:00 AM - 12:30 PM (PTZ)

Foothills United Methodist Church
4031 Avocado Blvd
La Mesa, CA 91941

Tribute Wall



“ I'll always remember you as the sweetest mom there was. You're light hearted humor and caring nature endures on through your sons. I'm thankful that we bumped into each other a few months back and I'll keep your memory alive and well. May you rest in peace and continue to be a source of love and light for all!

Mike Paschalydis - April 25 at 08:34 PM

LO

“ Love, Erin, Jeremy and Olivia purchased the *Simply Elegant Spathiphyllum* for the family of Althea Rose Kardos.



Love, Erin, Jeremy and Olivia - April 25 at 05:51 PM

LO

“ Love, Erin, Jeremy and Olivia planted a [Memorial Tree](/store/Product.aspx?ProductId=4518) in honor of Althea Rose Kardos.

Love, Erin, Jeremy and Olivia - April 25 at 05:51 PM

JJ

“ Your mom was the best so full of life, brought us so much joy and cheerfulness. Im forever grateful for her generosity always sharing food and fun in your backyard while we were swimming in the pool taking out the motor home or 4th of July at the beach house. Thanks for the memories it was an honor to be able to enjoy life with your mom and your family.

Jason Johnson - April 25 at 04:06 PM

BK

“ Bonnie Kostka purchased the Sentiments of Serenity Spray for the family of Althea Rose Kardos.



Bonnie Kostka - April 15 at 01:20 PM

BK

“ Bonnie Kostka planted a [Memorial Tree](/store/Product.aspx?ProductId=4518) in honor of Althea Rose Kardos.

Bonnie Kostka - April 15 at 01:20 PM

LH

“ I am so saddened by Althea's loss. She was always so full of life and energy, and was ready with a kind word and a welcoming hug. She will be greatly missed - my prayers and condolences to the family.

Lori Hable - April 15 at 10:30 AM

RK

“ Raquele J Kardos lit a candle in memory of Althea Rose Kardos



Raquele J Kardos - April 10 at 10:56 AM

RK

Althea was so many great things all wrapped up into one. As my mother-in-law, she held a huge place in my heart and would make me laugh with her ways. She always treated me as her daughter and always so kind to me and my family. Always told me how happy she was I married her son Jason. She welcomed me into the Kardos family instantly over 30 years ago. Althea was the best Grandma, always planning, visiting, and interested in what they were doing and attending all their events. She loved her church and had so many dear friends. Im still processing the fact that she is gone but she 100 percent lives on in her sons, Jason and Clinton and her grandchildren.

Raquele J Kardos - April 10 at 11:09 AM

BA

“ *Althea was truly one of a kind-full of energy, warmth, and a vibrant spirit that touched everyone around her. I had the privilege of knowing her for over 20 years, not only as her financial advisor, but someone who admired her zest for life. Working with Althea, Robert was and will be a pleasure I will always have, and I am grateful to have that opportunity and trust she placed in me over the years. I was heartbroken to hear of her passing, and she will be sincerely missed. My thoughts and prayers are with Robert, Jason and Clinton during this difficult time.*

Barry Allred - April 08 at 02:32 PM

SM

“ *So very sorry your loss. I met Althea only once at my husband's funeral in Stratford, CT in 2023 and thought it was so kind of her to be there. My husband knew Robert and Althea as teens back in Stratford. Sincerely Susan Merrill.*



Susan Merrill - April 08 at 02:09 AM

RC

“ Robert Cosgrove lit a candle in memory of Althea Rose Kardos



Robert Cosgrove - April 07 at 11:22 PM

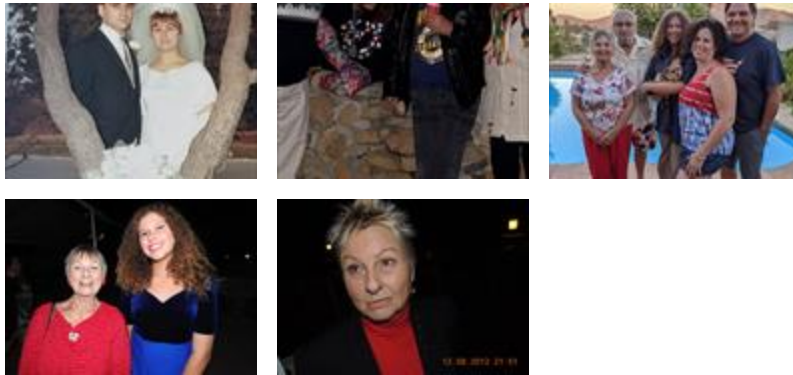
RC

I have so many things I would like to say, and I will when I think of the appropriate way to place them.

Robert Cosgrove - April 07 at 11:23 PM

JA

“ 25 files added to the album Althea Kardos and Family Photos



jason.kardos - April 07 at 07:39 PM